



# Southwest College of Naturopathic Medicine & Health Sciences

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## Fast Fact Sheet

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**Visit:** 2140 E. Broadway Rd. Tempe, AZ 85282  
**Call:** 480-858-9100

**Browse:** [www.scnm.edu](http://www.scnm.edu)  
**Email:** [admissions@scnm.edu](mailto:admissions@scnm.edu)

**Southwest College, located in sunny Arizona, educates in the art and science of integrative medicine through its accredited, four-year program in naturopathic medicine. Join the new generation of healthcare providers. Experience the integration of biomedical sciences and the philosophy of natural, preventative healing. Clinical training at Southwest Naturopathic Medical Center provides students with an integrative approach to medicine. Students gain experience with NDs, MDs and DOs as well as experience in hospital settings.**

### Southwest College.

Southwest College of Naturopathic Medicine & Health Sciences, founded in 1993, educates in the art and science of naturopathic medicine to prepare students to be conscientious and caring health care providers. The mission of the college is to prepare students to become naturopathic physicians educated and trained in the principles and practice of naturopathic medicine and to serve the public by providing quality education, research and natural medical care in the science and art of health promotion, disease management and prevention based upon these principles.

### Naturopathic Medicine.

Naturopathic Medicine is the philosophy of treating disease and restoring health using natural therapies. It strongly promotes prevention in health care and a non-invasive approach to treatment including: acupuncture and oriental medicine, homeopathy, botanical medicine, nutritional counseling, mind-body medicine, hydrotherapy and physical medicine.

Naturopathic physicians (NDs) attend a four-year, graduate level naturopathic medical program and are educated in all of the same basic sciences as in conventional medical school. Studies concentrate on holistic and nontoxic approaches to therapy with strong emphasis on disease prevention and optimizing wellness. Graduates sit for professional board exams to become licensed as naturopathic doctors within licensed states, or as jurisdiction allows.

### Curriculum.

The ND program features a wide variety of effective natural therapies including botanical and homeopathic medicines,

nutrition, acupuncture, physical manipulation and counseling. The curriculum offers a strong foundation in biomedical sciences such as anatomy, physiology, biochemistry and pathology along with physical, clinical, and laboratory diagnosis.

Southwest College clinical training provides students with an integrative approach to medicine while encompassing natural therapeutic philosophies and emphasizing the practical information necessary to establish a successful practice. ND students gain experience in private practice offices as well as experience in local hospital settings.

Distinctive program elements include:

- Clinical training at a state-of-the-art Medical Center
- Competency with natural
- modalities and patient management skills
- Patient contact experience in ND, MD and DO offices

### Career Opportunities.

- The ND program prepares graduates for a wide range of career opportunities:
- Primary Care Doctors (respecting the integrated relationship of body and mind while combining the wisdom of traditional healing with the rigor of scientific methods).
- Medical and natural product industry consulting
- Medical and herbal sales/marketing
- Scientific research and writing

### Admissions Process.

Applicants must submit a completed application, a non-refundable fee of \$65, official transcripts and three letters of recommendation. Applicants will be contacted for an interview upon receipt of all materials.

A baccalaureate degree (or equivalent) and the following course-work must be completed prior to matriculation:

- 8 semester credits General Chemistry w/lab
- 6 semester credits English (3 in Composition)
- 12 semester credits General Biology w/lab
- 6 semester credits Psychology
- 4 semester credits Organic Chemistry w/lab\*
- 6 semester credits Humanities

## Southwest College Research Institute (SCRI).

The mission of SCRI is to design and carry out basic science and clinical outcomes trials of commonly used naturopathic diagnostic and therapeutic protocols; to provide evidence-based documentation of the efficacy and safety of naturopathic therapeutics; and to disseminate this information to the scientific community and to the public.

### SCRI Staff

Konrad Kail, NMD – Director

Robert Waters, Ph.D. – Statistician, Director of Student Research, Professor

Linda Kim, ND – Medical Director, Principal Investigator  
SCNM students – Research Assistants

### Current Clinical Trials

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|------|---|
| 2001 | The effects of <i>Monascus purpureus</i> in hypercholesterolemia. A randomized, double-blind, controlled clinical trial.  |
| 2001 | The effects of exogenous reduced glutathione on erythrocyte glutathione and plasma lipid peroxidation. A randomized, double-blind, placebo-controlled clinical trial.   |
| 2001 | Effect of colostrum on immune function of healthy men and women. A double-blind, placebo-controlled clinical trial.   |
| 2001 | Colon hydrotherapy and health status. Improvement in quality of life assessment with short-term colon hydrotherapies. A preliminary clinical trial.   |
| 2001 | Allergic rhinitis and combination botanical and nutrient intervention. A randomized double-blind, controlled clinical trial.  |
| 2001 | Allergic rhinitis and desensitization intervention in control of acute symptoms. A collaborative study with conventional medicine hospitals.  |
| 2001 | Role of complementary and alternative medicine (CAM) in alcohol and drug rehabilitation: the effects of multiple CAM therapies integrated with cognitive behavioral counseling in a prospective clinical trial study. |
| 2001 | Evaluation of urinary thyroid testing methodology in the diagnosis of thyroid disorders.  |

### Undergraduate Major

Biology 24%  
Liberal Arts 11%  
Behavioral Science 16%  
Other Medical 12%  
Business 5%  
Other 32 %

### Faculty Ratios

Student/Faculty Ratio 9:1  
Student/Clinical Faculty Ratio 6:1

### Average Student Age: 33

### Geographic Origin

Arizona 20%  
Western states 50%  
East Coast 27%  
South 6%  
Foreign 3%

### Graduate Degrees

Doctor of Osteopathy 13%  
Medical Doctor 7%  
Doctor of Chiropractic 4%

### Average Incoming Class Size

Fall 70  
Spring 30

### Ethnic Background

White/non Hispanic 80%  
Asian/Pacific Islander 5%  
Hispanic 5%  
African American 8%  
Female Population 65%  
Male Population 35%

*Southwest College is approved by the Arizona Board for Private Post-Secondary Education and is accredited by the Council on Naturopathic Medical Education, the accrediting agency for naturopathic colleges and universities in the US and Canada. All applicants are evaluated on an individual basis without regard to race, sex, religion, age, national or ethnic origin, sexual orientation, or marital status.*

## Southwest College Student Demographics.

### Entering 1st Year Students Demographics

Average entering GPA: 3.35

Total Student Population 300