

The Art & Science of Healing



SOUTHWEST NATUROPATHIC MEDICAL CENTER

Tel. 480.970.0000

8010 East McDowell Rd. #111 Scottsdale, Arizona 85257

Hours: Monday - Friday with evening and Saturday appointments available.

THE NATURAL MEDICINARY

Tel. 480.970.0001

For shipments via UPS. Fax 480.970.0003

Hours: Monday-Thursday 8:30 a.m. - 8:30 p.m. Friday 8:30 a.m. - 4:30 p.m.

Saturday 9:30 a.m. - 12:30 p.m.



Southwest Naturopathic Medical Center & The Natural Medicinary



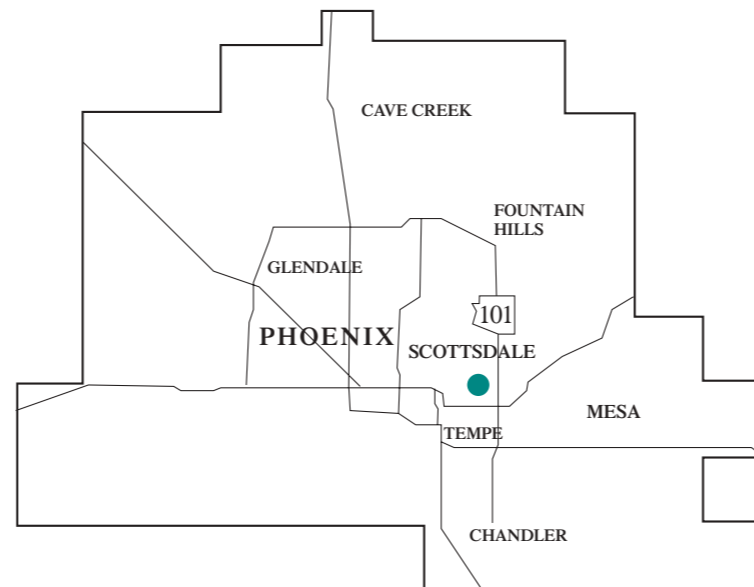
NATURAL MEDICINES AND THERAPIES

Natural medicines include herbal and botanical preparations, homeopathic medications, intervanous nutrition and orthomolecular medicine. Therapies include acupuncture and oriental medicine, allergy testing/desensitization, counseling, constitutional hydrotherapy, detoxification and colonic hydrotherapy, lifestyle and diet consultation, manipulation and physical medicine, minor outpatient surgery, exercise programs and preventative medicine.

HEALTH CARE SERVICES FOR THE ENTIRE FAMILY

General family practice
 Minor surgery
 Acupuncture
 Mind/body medicine
 Sports medicine
 Pediatric health care
 Women's health care
 Men's health care
 Allergy treatment
 Non-surgical hemorrhoid treatment

Diseases of the skin
 Diseases of the GI tract
 Diseases of the GU tract
 Homeopathy
 Diet and nutrition
 Counseling
 Complete laboratory services
 Colon hydrotherapy
 Pain relief
 IV therapy



Natural Medicine
 Safe, sensible and effective for the entire family.

Experience Full Spectrum Health Care



HEALTH CARE ENVIRONMENT

The Southwest Naturopathic Medical Center offers multi-disciplinary primary medical care for common, serious and chronic health conditions. The staff of naturopathic physicians, allopathic physicians, chiropractors and acupuncturists treat patients of all ages using a variety of natural alternatives for healing and staying well. We embody true health and environmental consciousness with all natural carpet fibers, recycled materials and non-toxic paint and building materials. This green clinic sets a wonderful example for clinical training students as well as our valued patients.

LICENSED HEALTH CARE PROVIDERS

Naturopathic Physicians (N.D.) receive their education from four-year accredited naturopathic medical colleges. Trained as primary care family practice physicians, N.D.s specialize in natural medicine using conventional medical sciences and natural therapies. Using the same testing and examination procedures as conventional physicians, N.D.s also evaluate diet and nutrition and place an emphasis on restoring health and developing wellness programs to help keep the patient disease free. N.D.s are the only physicians clinically trained in a wide variety of medical systems from which they are able to combine and tailor these treatments to the individual needs of the patient.

WOMEN'S HEALTH CARE

A natural approach normalizes women's cycles using natural therapies and herbal medications, including effective alternatives to estrogen replacement therapy, without side effects. Services include PAP smears and physical and gynecological exams. Natural treatments are available for PMS, vaginal infections, abnormal pap smears, hormonal imbalances, painful menstruation, prenatal care, osteoporosis, well-woman care and menopausal conditions.

MEN'S HEALTH CARE

Naturopathic physicians offer preventative care using early detection methods to screen for high-risk conditions such as coronary artery disease, diabetes and prostate enlargement. Natural medicines and therapies provide an alternative to drug therapy and surgery for many of these conditions. A wide range of men's health issues are examined, and a wide variety of non-invasive and preventative treatment programs can be developed.

SENIOR HEALTH CARE

Naturopathic physicians utilize effective natural therapies for a variety of ailments affecting our aging population. These therapies are natural and non-toxic, allowing for a higher quality of life while helping the body to maintain homeostasis.

CHILDREN'S HEALTH CARE

The naturopathic approach helps boost a child's immune system, preparing the child to better cope with the challenges of living in today's toxic environment. Services include pediatric examinations, wellness checkups and natural therapies for hyperactivity (alternatives to Ritalin). A wide variety of childhood ailments are treated including ear infections, colds, flu, diarrhea, asthma, colic, cough and sore throat.

THE NATURAL MEDICINARY

The Natural Medicinary, located next to the Medical Center, offers a wide variety of vitamins, nutritional supplements, reading materials, and herbal/homeopathic medicine. The Natural Medicinary serves both in-house and off-site physicians, patients and customers, and is the largest natural Medicinary in the state of Arizona.

LABORATORY SERVICES

In addition to conventional laboratory testing, Southwest Naturopathic Medical Center also offers diagnostic testing, which provides a unique individualized health profile.