MOON CHART 2006

In all meditation it is of value for the student to remember that, from the standpoint of permanent benefit, it is easier to meditate effectively during the period from the new moon to the full moon, than from the full moon to the new moon. The first half of the lunar cycle is one of intensification, absorption and accretion; the second half is one of assimilation and distribution. More real progress over a long period can be made by observing this cyclic law.

Wisely utilizing newly acquired energies keeps inflowing and outflowing channels open and prevents emotional, mental and psychical congestions which may otherwise be experienced, with their accompanying physical consequences.

Table of new and full moons for the twelve months of 2006:

UNITED STATES STANDARD TIME

| <u>2006</u> | EST <u>Day</u> | Moon | <u>Sign</u> | Eastern | Central | Mountain | <u>Pacific</u> | GREENWICH <u>MEAN TIME</u> | GMT <u>Day</u> |
|-------------|-------------------|-------|-------------|-----------------|----------------|----------|-----------------|-------------------------------|-------------------|
| 2000 | Day | MOON | bign | <u>L'astern</u> | <u>Centrar</u> | Mountain | <u>I aciiic</u> | | Day |
| Jan | 14 | Full | Cap | 4:49am | 3:49am | 2:49am | 1:49am | 9:49am | 14 |
| Jan | 29 | New | Aqu | 9:16am | 8:16am | 7:16am | 6:16am | 2:16pm | 29 |
| Feb | 12 | Full | Aqu | 11:45pm | 10:45pm | 9:45pm | 8:45pm | 4:45am | 13 |
| Feb | 27 | New | Pisc | 7:32pm | 6:32pm | 5:32pm | 4:32pm | 12:32am | 28 |
| Mar | 14 | Full# | Pisc | 6:37pm | 5:37pm | 4:37pm | 3:37pm | 11:37pm | 14 |
| Mar | 29 | New# | Ari | 5:16am | 4:16am | 3:16am | 2:16am | 10:16am | 29 |
| Apr | 13 | Full | Ari | 11:41am | 10:41am | 9:41am | 8:41am | 4:41pm | 13 |
| Apr | 27 | New | Tau | 2:45pm | 1:45pm | 12:45pm | 11:45am | 7:45pm | 27 |
| May | 13 | Full | Tau | 1:52am | 12:52am | 11:52pm* | 10:52pm* | 6:52am | 13 |
| May | 27 | New | Gem | 12:27am | 11:27pm* | 10:27pm* | 9:27pm* | 5:27am | 27 |
| Jun | 11 | Full | Gem | 1:04pm | 12:04pm | 11:04am | 10:04am | 6:04pm | 11 |
| | | | | | | | | | |
| Jun | 25 | New | Can | 11:06am | 10:06am | 9:06am | 8:06am | 4:06pm | 25 |
| Jul | 10 | Full | Can | 10:03pm | 9:03pm | 8:03pm | 7:03pm | 3:03am | 11 |
| Jul | 24 | New | Leo | 11:32pm | 10:32pm | 9:32pm | 8:32pm | 4:32am | 25 |
| Aug | 9 | Full | Leo | 5:55am | 4:55am | 3:55am | 2:55am | 10:55am | 9 |
| Aug | 23 | New | Vir | 2:11pm | 1:11pm | 12:11pm | 11:11am | 7:11pm | 23 |
| Sept | 7 | Full# | Vir | 1:43pm | 12:43pm | 11:43am | 10:43am | 6:43pm | 7 |
| Sept | 22 | New# | Vir | 6:46am | 5:46am | 4:46am | 3:46am | 11:46am | 22 |
| Oct | 6 | Full | Lib | 10:14pm | 9:14pm | 8:14pm | 7:14pm | 3:14am | 7 |
| Oct | 22 | New | Lib | 12:15am | 11:15pm* | 10:15pm* | 9:15pm* | 5:15am | 22 |
| Nov | 5 | Full | Sco | 7:59am | 6:59am | 5:59am | 4:59am | 12:59pm | 5 |
| Nov | 20 | New | Sco | 5:19pm | 4:19pm | 3:19pm | 2:19pm | 10:19pm | 20 |
| Dec | 4 | Full | Sag | 7:26pm | 6:26pm | 5:26pm | 4:26pm | 12:26am | 5 |
| Dec | 20 | New | Sag | 9:02am | 8:02am | 7:02am | 6:02am | 2:02pm | 20 |
| | | | | | | | | | |

<u>NOTE</u>: When and where **Daylight Saving Time** is in use, **add one hour** to the above times. (#) indicates eclipses of the sun at the new moon and of the moon at the full moon. An asterisk (*) indicates pm of the day previous to the day stated in the column for Eastern Standard Time.

The full moons of the three Spiritual Festivals will be observed worldwide on the following days: *EASTER* on April 13^{th} ; *WESAK* on May 12^{th} ; and *CHRIST'S FESTIVAL* and *WORLD INVOCATION DAY* on June 11^{th} . Check locally for the actual day of the festival meetings, which may vary from the date of the full moon.

KEYNOTES FOR THE DISCIPLE

| <u>ARIES</u> : | I come forth and from the plane of mind, I rule. |
|----------------------|--|
| TAURUS: | I see and when the eye is opened, all is light. |
| <u>GEMINI</u> : | I recognise my other self and in the waning of that self, I grow and glow. |
| CANCER: | I build a lighted house and therein dwell. |
| LEO: | I am That and That am I. |
| <u>VIRGO</u> : | I am the mother and the child. I, God, I, matter am. |
| LIBRA: | I choose the way which leads between the two great lines of force. |
| SCORPIO: | Warrior I am and from the battle I emerge triumphant. |
| <u>SAGITTARIUS</u> : | I see the goal. I reach that goal and then I see another. |
| CAPRICORN: | Lost am I in light supernal, yet on that light I turn my back. |
| AQUARIUS: | Water of Life am I, poured forth for thirsty men. |
| PISCES: | I leave the Father's home and turning back, I save. |

These keynotes for the disciple may be used in sequence as the seed thought for the meditation work done each month at the time of the full moon.