

Advocates for Youth 2000 M Street NW Suite 750 Washington, D.C. 20036 USA 202.419.3420 www.advocatesforyouth.org www.youthresource.com www.ambientejoven.org



Resources for Gay, Lesbian, and Bisexual Youth

## <sup>2</sup> Web Sites

www.youthresource.com A web site for gay, lesbian, bisexual, and transgender youth

www.ambientejoven.org A bilingual web site for gay, lesbian, bisexual, and transgender Latino/a youth

www.advocatesforyouth.org A web site that offers sexual health information and resources

www.sxetc.org A web site that offers sexual health information, teen to teen

www.youthHIV.org A web site offering information and resources about HIV.

### Hotlines

Support for GLBT Youth

**1.800.850.8078** Trevor Helpline Crisis Intervention for LGBT Youth 24 hours a day, seven days a week

1.800.969.6884 (96-YOUTH) LYRIC Helpline Monday through Saturday, 6:30-9:00 p.m., Pacific Standard Time

1.800.347.8336 IYG National Hotline Friday & Saturday, 7:00-10:00 PM Eastern Standard Time

GLBT General Information **1.888.843.4564** (THE GLNH) GLNH: Gay & Lesbian National Hotline Monday - Friday, 6:00-11:00 PM Eastern Standard Time

HIV AIDS Information **1.800.342.2437** National AIDS Info Line 24 hours a day, seven days a week Sexually Transmitted Diseases Information **1.800.227.8922** STD Info Line Monday - Friday, 8:00 AM - 11:00 PM Eastern Standard Time

**1.800.653.4325** STD Information & Referral Prerecorded information

Substance Abuse Information **1.800.252.6465** Alcohol Hotline 24 hours a day, seven days a week

Homeless / Runaway Help **1.800.999.9999** The Nine Line 24 hours a day, seven days a week

**1.800.231.6946** National Runaway Switchboard 24 hours a day, seven days a week

#### **Books**

Alyson, Sasha, editor. Young, Gay and Proud! 3rd ed. Boston: Alyson Publications, 1991. ISBN: 1555830013.

Geared toward high school students, this book answers questions such as, "Am I the only one?" "What would my friends think if I told them?" "Should I tell my parents?" and "How can I avoid AIDS?"

Bauer, Marion Dane, editor. Am I Blue? Coming Out From the Silence. New York: Trophy Press, 1995. ISBN: 0064405877.

An award-winning anthology of funny, sad, and memorable short stories for teens about coming out as gay or lesbian. Contributors include C.S. Adler, Bruce Coville, Nancy Garden, Cristina Salat, William Sleator, and Jacqueline Woodson.

Bornstein, Kate. My Gender Workbook: How to Become a Real Man, a Real Woman, the Real You, or Something Else Entirely. New York: Routledge, 1998. ISBN: 0415916739.

Bornstein offers a series of humorous and poignant exercises around issues of gender identity.

Chandler, Kurt and Ivers, Mitchell, editors. Passages of Pride: Lesbian and Gay Youth Come of Age. New York: Crown Publishing, 1995. ISBN: 1812923804.

In this landmark study, six teenagers speak eloquently of the challenges of realizing at an early age that they are different, learning how to hide, facing depression and suicidal tendencies, and finally coming out and making peace at home, at school, and on their own.

Due, Linnea. Joining the Tribe: Growing Up Gay and Lesbian in the '90s. New York: Anchor Books, 1995. ISBN: 0385475004.

This informative and compassionate book realistically and vividly portrays the challenges faced by gay, lesbian, and bisexual teenagers.

Ferrante, Tony, and Jacobson, Paulette. Letters From the Closet. Tzedakah Publications, 1994. ISBN: 092999037.

In this fictional portrayal, two youth communicate the experience of coming out through postcards, journal entries, and letters.

Futcher, Jane. Crush. 3rd ed. Boston: Alyson Publications, 1995. ISBN: 155583602X. In this story of manipulation, betrayal, and sexual awakening, Jinx, a senior at the posh Hamilton Hill girl's school, develops a huge crush on Lexie.

Garden, Nancy. Annie On My Mind. New York: Farrar Strauss & Giroux, 1992. ISBN: 0374404143.

Seventeen-year-old Liza's friendship with Annie turns into passionate love. After their relationship is discovered, they must find the strength to stay together.

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Grima, Tony, editor. Not the Only One: Gay and Lesbian Fiction for Teens. Boston: Alyson Publications, 1995. ISBN: 155583275X.

Twenty-one stories for lesbian and gay teenagers tell about coming out, falling in love, sexuality, and courage.

Harbeck, Karen M. Coming Out of the Classroom Closet: Gay and Lesbian Students, Teachers and Curricula. Binghamton, N.Y.: Harrington Park Press, 1992. ISBN: 1560242167.

This volume discusses school-based interventions and the needs of gay and lesbian youth, the treatment of gay and lesbian educators and their current legal rights, and many other issues concerning gay men and lesbians and the educational setting.

Heron, Ann, editor. Two Teenagers in Twenty: Writings by Gay and Lesbian Youth. Boston: Alyson Publications, 1994. ISBN:1555832822.

A new teenage generation talks about being gay or lesbian in stories that can ease the way for teenagers just coming out and help the adults who seek to support them.

Jennings, Kevin, editor. Becoming Visible: A Reader in Gay and Lesbian History for High School and College Students. Boston: Alyson Publications, 1994. ISBN: 1555832547.

Suggestions for classroom activities and questions follow selected readings that span 2000 years of history and a diverse range of cultures; suitable for ninth grade and up.

Remafedi, Gary. Death by Denial: Studies of Suicide in Gay and Lesbian Teenagers. Boston: Alyson Publications, 1994. ISBN: 1555832601.

This serious review identifies suicide risk factors and important research on homosexuality, sexuality education in schools, anti-gay violence against young people, and family pressures to be heterosexual.

Singer, Bennett L., editor. Growing Up Gay/Growing Up Lesbian: A Literary Anthology. New York: New Press, 1994. ISBN: 1565841034.

More than fifty stories by prominent lesbian and gay writers and scholars address coming of age and coming out. Contributors include James Baldwin, Gloria Anzaldua, Quentin Crisp, Audre Lorde, Walt Whitman, and Rita Mae Brown.

Unks, Gerald, editor. The Gay Teen: Educational Practice and Theory for Lesbian, Gay, and Bisexual Adolescents. New York: Routledge, 1995. ISBN: 0415910951.

Written for educators, this book focuses on the problems gay teens face in school and guides educators to develop gay-friendly curricula and intervention techniques for reducing homophobia.

## Videos

- Ballot Measure 9. (72 min.) Wolfe Video, P.O. Box 64, New Almaden, CA 95402; 800.438.9653.
  - This video looks at the battle in Oregon over an anti-gay initiative on the 1992 ballot.
- Both of My Moms' Names Are Judy. Lesbian and Gay Parents Association, 6705 California Street, #1, San Francisco, CA 94121.
  - A powerful and moving series of interviews with children ages 6 to 11 who have gay or lesbian parents. Training materials Overcoming Homophobia in the Elementary Classroom are also available from the Lesbian and Gay Parents Association.
- The Brandon Teena Story, directed by Susan Musska. Zeitgeist Films at 212.274.1989; available for sale at amazon.com.
  - Documentary on the life and murder of Brandon Teena, a female-to-male transgendered youth from Lincoln, Nebraska.
- The Celluloid Closet. (102 min.) Wolfe Video, P.O. Box 64, New Almaden, CA 95402; 800.438.9653.
  - This documentary chronicles gay and lesbian images in Hollywood over the last 40 years. Narrated by Lily Tomlin, it features interviews with a number of Hollywood's elite and includes numerous film clips.

Coming Out Under Fire. (71 min.) Wolfe Video, P.O. Box 64, New Almaden, CA 95402; 800.438.9653.

This documentary profiles the experiences of nine gay and lesbian veterans.

Gay & Lesbian Youth: Making History in Massachusetts. (29 min.) Governor's Commission on Gay & Lesbian Youth, Massachusetts Dept. of Education, State House, Room 111, Boston, MA 02133.

This documentary profiles the work of the Governor's Commission as Massachusetts became the first state to pass laws to protect gay, lesbian, and bisexual students in schools.

Gay Youth. (40 min.) Wolfe Video, P.O. Box 64, New Almaden, CA 95401; 800.438.9653.

- One of the best videos about lesbian and gay teens, it profiles two adolescents - one who committed suicide, the other openly gay in high school - and includes a curriculum guide for teachers.
- It's Elementary.(78 min.) Women's Educational Media, 2180 Bryant Street, Suite 203, San Francisco, CA 94110; 415.641.4646.
  - Teachers discuss lesbian & gay issues with their classes and make a compelling case for schools addressing these issues.

Live to Tell: The First Gay & Lesbian Prom in America. (24 min.) Wolfe Video, P.O. Box 64, Almaden, CA 95401; 800.438.9653.

A documentary covering the first lesbian and gay prom, held in Los Angeles in 1994.

Out for a Change: Addressing Homophobia in Women's Sports. (27 mins.) Woman Vision Productions, 3145 Geary Blvd., Box 421, San Francisco, CA 94118; 415.346.2336.

This documentary portrays women's sports at the college level. Includes a curriculum written by Pat Griffin. Both the video and curriculum are appropriate for high school students.

A Question of Equality. (220 min./4 parts) Wolfe Video, P.O. Box 64, New Almaden, CA 95402; 800.438.9653.

A series, first shown on PBS that, looks at various aspects of the gay civil rights movement.

Setting the Record Straight. (12 min.) GLSEN, 122 W. 26th Street, Suite 1100, New York, NY 10001; 212.727.0135.

The first video of the Gay, Lesbian, & Straight Education Network (GLSEN) features interviews with members, teachers, and students who talk about GLSEN's and about the need to combat homophobia in schools.

Silverlake Life. (99 min.) Wolfe Video, P.O. Box 64, New Almaden, CA 95402; 800.438.9653.

This moving diary covers the last days of two men with AIDS and documents the love and dedication of their longtime companions.

Stonewall 25. (90 min.) Wolfe Video, P.O. Box 64, New Almaden, CA 95402; 800.438.9653.

This segment of the PBS series, In the Life, covers a 25th anniversary celebration in New York City.

Straight From the Heart. (24 min.) Woman Vision Productions, 3145 Geary Blvd, Box 421, San Francisco, CA 94118

A moving account of parents' struggle with homophobia when they learn that a child is lesbian or gay. Nominated for an Academy Award and excellent for parent workshops.

Teaching Respect for All. (52 min.) GLSEN, 122 W. 26th Street, Suite 1100, New York, NY 10001; 212.727.0135.

A project of GLSEN, this "homophobia 101" workshop can help teachers, administrators, and parents understand why they need to care about issues of sexual orientation.

The Times of Harvey Milk. (87 min.) Wolfe Video, P.O. Box 64, New Almaden, CA 95402; 800.438.9653.

This powerful and moving documentary recounts the political success and assassination of the first openly gay supervisor of San Francisco.

Tongues Untied. (55 min.) Wolfe Video, P.O. Box 64, New Almaden, CA 95402; 800.438.9653.

This unprecedented exploration of black gay life, by Emmy-award winning director Marlon Rigg, became the center of a national controversy after Patrick Buchanan attacked its broadcast on PBS.

Trevor. Intermedia; 1.800.553,8336. Free previews available.

A humorous, touching short film that won an Academy Award in 1994, Trevor is about a 13-year old boy who is beginning to come to terms with his emerging gay sexual orientation. The video powerfully addresses topics such as teasing, crushes, feeling outcast, and suicide and is especially appropriate for middleschool children.