

# Chemical Dependency

## Opening Doors to Sobriety



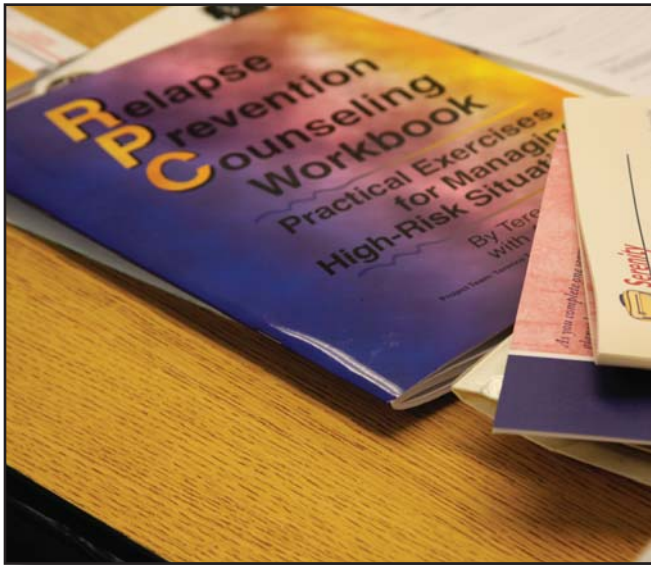
### **Mission Statement**

The mission of the Department of Corrections is to improve public safety.

### **What We Do**

The Department of Corrections is responsible for administering adult corrections programs operated by the State of Washington. This includes state correctional institutions and programs for offenders supervised in the community.

More offenders are convicted of drug offenses than any other crime category. Chemical addictions lead to continued cycling of offenders through halfway houses, community mental health agencies, emergency rooms, and in many cases, back to prison.



## What the Research Says:

Inmates who complete substance abuse treatment programs in prison have lower overall arrest and conviction rates following release than inmates who complete short education programs and untreated inmates. **Nobles, Substance abuse treatment report -State of Minnesota**

The Washington State Institute for Public Policy found that drug treatment in prison saves tax payers \$7,835 for each inmate who receives treatment.

## Chemical Dependency (CD)

More than 50 percent of offenders entering DOC could benefit from chemical dependency treatment. Providing offenders with needed treatment is part of a broader DOC effort to increase public safety and reduce recidivism and accounts for the need for more prison bed space.

Chemical Dependency treatment at 20 community based sites, 14 of the state's 15 prisons, 13 work release centers, and 2 jails. DOC Chemical Dependency programs have been identified by the Washington State Institute for Public Policy (WSIPP) as effective in reducing recidivism.

## Treatment Overview

Consistent with Best Practices, the Department offers a comprehensive treatment continuum. Successful treatment consists of the activities listed below:

### Integrated screening

- Screening may be court ordered for any felony where the judge finds that chemical dependency may have contributed to the crime.
- Two screening methods are used at the Diagnostic Assessment Center, the Global Assessment of Individual Needs Short Screener (GAIN SS) and the Adult Substance Use Survey.

### Diagnostic assessment process

- Offenders found to be addicted to chemical substances are referred for treatment in the following priority order:
  - Drug Offender Sentencing Alternative (DOSA) through the courts
  - Court Ordered treatment
  - Addicted drug offenders
  - High Risk to re-offend-Violent
  - High Risk to re-offend-Non-violent
  - Moderate Risk to re-offend
  - Low Risk to re-offend

## Treatment Services

Treatment services are provided, within available resources, to offenders who meet eligibility criteria established by legislation and DOC policy.

- **Therapeutic Community (TC)**- A progressive, step-based level of care, TC is 6-18 months in length and is the most intensive form of treatment available within DOC. TC provides a separate living area and a highly structured environment where offenders participate in CD treatment, right living skills, work and education and where they practice community

and personal accountability. The progressive nature of TC requires demonstration of right living behaviors prior to promotion to the next phase of treatment. Treatment teams include CD professionals, mental health staff, medical services staff, custody officers, classification counselors and site administrators.

- **Therapeutic Community for the Co-occurring Offender**- The TC is modified in duration, intensity and progression for the offender who has a significant mental health diagnosis and addiction. This treatment incorporates mental health and addiction treatment within the structure of the “community” which has proven to benefit these offenders.
- **Recovery House** - The continuation of TC is available in the community in what’s known as the Recovery House. Those who complete TC in prison may continue the program at three designated work release sites which have limited beds available for TC.
- **Intensive Outpatient (IOP)** - This is a highly structured intervention delivered in a day treatment environment. Programs are available in both prison and work release as well as in the community. IOP is offered in various lengths of stay to meet the sentence, supervision and treatment needs of individual offenders.
- **Outpatient Treatment (OP)** - All offenders completing confinement- based treatment are transitioned to the community through OP. Others may be admitted directly from the community. The duration of OP care is generally at least 3 months and can continue as long as need is indicated. Frequency of care can vary from several contacts per week to monthly contact based on the American Society of Addiction Medicine (ASAM) criteria for each offender. Treatment may also include Moral Reconciliation Therapy (MRT) and Relapse Prevention.

## Coordinated case management and transition to the community and referral to community services

- **Community Based Treatment** - Drug Offender Sentencing alternative (DOSA) offenders and other offenders releasing to an area where DOC does not directly provide treatment, may access treatment through established DOC contracts with the Department of Social and Health Services’ Division of Alcohol and Substance Abuse- certified providers. Community based offenders residing in locations where DOC does not directly provide treatment may, within available resources, be referred by his or her community corrections officer to the DOC contracted vendors
- **Drug Testing** - Per DOC policy, drug testing is an integral part of CD treatment that supports both recovery and community safety by acting as a deterrent and indicator of drug use.

All DOC treatment programs employ evidence-based Best Practices consistent with the federal Treatment Improvement Protocol (TIP) guidelines. Treatment services adhere to the American Society of Addiction Medicine (ASAM) patient placement criteria within available resources. DOC treatment follows the bio-psycho-social based model of addiction and recovery and simultaneously encourages participation in self help groups. The curriculum used by the DOC was developed by the Department Clinical Team in conjunction with the GAIN Institute, Terrance Gorski CENAPS Corporation, National Curriculum Training Institute, The Change Company, CiviGenics, and the National Development Research.

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# Chemical Dependency Treatment Facilities

## PRISON

### Airway Heights Corrections Center

- Intensive Outpatient
- Outpatient

### Benton County Jail

- Intensive Outpatient Violators

### Cedar Creek Corrections Center

- Intensive Outpatient

### Coyote Ridge Corrections Center

- Therapeutic Community
- Intensive Outpatient

### Larch Corrections Center

- Therapeutic Community

### McNeil Island Corrections Center

- Intensive Outpatient

### Mission Creek Corrections Center for Women

- Intensive Outpatient
- Outpatient
- Right Living

### Monroe Correctional Complex

- Intensive Outpatient
- Therapeutic Community Co-occurring
- Outpatient

### Olympic Corrections Center

- Intensive Outpatient
- Outpatient

### Pine Lodge Corrections Center for Women

- Intensive Outpatient and Violators
- Therapeutic Community

### Stafford Creek Corrections Center

- Therapeutic Community

### Snohomish County Jail

- Intensive Outpatient Violators

### Washington Corrections Center

- Intensive Outpatient

### Washington Corrections Center for Women

- Intensive Outpatient
- Therapeutic Community Co-occurring

### Washington State Penitentiary

- Intensive Outpatient

## WORK RELEASE

### Ahtanum View Work Release

- Outpatient

### Bishop Lewis Work Release

- Intensive Outpatient
- Outpatient

### Brownstone Work Release

- Outpatient

### Eleanor Chase Work Release

- Recovery House Therapeutic Community
- Outpatient

### Helen B Ratcliff Work Release

- Outpatient

### Longview Work Release

- Outpatient
- Intensive Outpatient

### Madison Inn Work Release

- Recovery House
- Therapeutic Community

### Olympia Work Release

- Intensive Outpatient
- Outpatient

### Peninsula Work Release

- Intensive Outpatient
- Outpatient

### Progress House Work Release

- Intensive Outpatient
- Outpatient

### RAP/Lincoln Work Release

- Recovery House Therapeutic Community
- Outpatient Co-occurring

### Reynolds Work Release

- Intensive Outpatient
- Outpatient

### Tri Cities Work Release

- Intensive Outpatient
- Outpatient

## Community Corrections Field Offices -Intensive Outpatient and Outpatient Treatment

- Bellingham
- Bremerton
- Burien
- Chehalis
- Longview
- Montesano
- Olympia Main
- Port Orchard
- Tri Cities Annex
- Vancouver East
- Everett Community Justice Center and co-occurring outpatient
- Pierce Co. Community Justice Center and co-occurring outpatient
- Seattle Community Justice Center and co-occurring outpatient
- Spokane Community Justice Center and co-occurring outpatient
- Vancouver Community Justice Center
- Yakima Community Justice Center